

Agenda for LED Monitoring Forum Tuesday, 6th July, 2021, 6.00 pm

Members of LED Monitoring Forum

Councillors P Arnott, A Dent, B De Saram, S Hawkins
(Chair), P Hayward, N Hookway, J Loudoun,
V Johns, G Jung, G Pook, J Rowland, Gilpin,
Jones, Bryant, Halford and Taylor

Venue: Online via zoom app

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(or group number 01395 517546)
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Important - temporary arrangements are in force which will enable face to face meetings to take place in compliance with legislation, whilst providing alternative participation opportunities to maintain a Covid-19 safe environment.

Please do not attend Blackdown House unless you are a voting member of LED Monitoring Forum.

Members will still be able to attend virtually online via Zoom, and are asked to follow the [Protocol for Remote Meetings](#)

This meeting is being recorded by EDDC for subsequent publication on the Council's website and will be streamed live to the Council's Youtube Channel at
<https://www.youtube.com/channel/UCmNHQruge3LVI4hcgRnbwBw>

Public speakers are required to register to speak – for more information please use the following link: <https://eastdevon.gov.uk/council-and-democracy/have-your-say-at-meetings/all-other-public-meetings/#article-content>

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1 Public Speaking

Information on [public speaking is available online](#)

2 Minutes of the previous meeting held on 27 April 2021 (Pages 3 - 6)

To confirm the minutes of the Forum held on 27 April 2021.

3 Apologies

4 Declaration of interest

Guidance is available online to Councillors and co-opted members on making [declarations of interest](#)

5 Matters of urgency

6 Confidential/exempt item(s)

To agree any items to be dealt with after the public (including the Press) have been excluded. There are three items which officers recommend should be dealt with in this way.

Part A

7 LED update on operational matters

a) Community Wellbeing report (Pages 7 - 8)

8 SOPG Diagnostic highlights

Presentation prepared by Strategic Leisure.

9 Leisure Strategy (Pages 9 - 11)

10 Exclusion of the press and public

That under Section 100(A)(4) of the Local Government Act 1972 and in accordance with the Local Authorities (Executive Arrangements)(Meetings and Access to Information)(England) Regulations 2012, the public (including the press) be excluded from the meeting as exempt and private information (as set out against each Part B agenda item), is likely to be disclosed and on balance the public interest is in discussing the items in private session (Part B).

Part B

11 LED update on operational matters

a) Key performance indicator dashboard (Pages 12 - 14)

b) Facilities and Activities report (Pages 15 - 21)

12 Cloakham Lawns update (Pages 22 - 23)

13 Ongoing financial support

Verbal update.

[Decision making and equalities](#)

For a copy of this agenda in large print, please contact the Democratic Services Team on 01395 517546

EAST DEVON DISTRICT COUNCIL

Minutes of the meeting of LED Monitoring Forum held at Online via zoom app on 27 April 2021

Attendance list at end of document

The meeting started at 9.32 am and ended at 11.10 am

43 Public Speaking

There were no members of the public registered to speak.

44 Minutes of the previous meeting held on 30 March 2021

The minutes of the previous meeting held on 30 March 2021 were confirmed as a true record of the meeting.

45 Declaration of interest

Cllr P Arnott: Minutes 48, 49 and 51 - 54; Personal Interest: Membership of LED Leisure.
Cllr A Dent: Minutes 48, 49 and 51 - 54; Personal Interest: Membership of LED Leisure.
Cllr P Hayward: Minute 53; Personal Interest: Resident of Cloakham Lawns, and party to discussions relating to leisure facilities at Cloakham Lawns.
Cllr A Moulding: Minute 53; Personal Interest: President of Cloakham Lawns Sports Association

46 Matters of urgency

There were no matters of urgency.

47 Confidential/exempt item(s)

There were three items agreed to be considered in private session.

48 LED facilities reopening report April 2021

The LED Leisure Director of Delivery presented his report that set out the steps of re-opening facilities.

The report set out what actions had been taken to re-open most sites, including recalling staff from furlough on either a full or part-time basis in order to undertake training and prepare the facilities for opening. The Director of Delivery highlighted the delay to reopening the pool facilities at Sidmouth, which were due to difficulties in procuring a required part, but was now happy to report that it had reopened the previous day (26 April).

Some facilities were open on reduced opening hours, those hours being reviewed depending on demand. To date, customer take up of available sessions for gym and swimming have been very high; coupled with excellent customer feedback on the first week of opening.

In response to a question, the Ocean facility itself was planned to re-open on the 17 May 2021.

RESOLVED that the report be noted.

49 **LED Community Engagement / Outreach Programme, June - September 2021**

The LED Leisure CEO provided a report to the Forum on the outreach programme for June to September 2021.

The Community Engagement Managers would be returning to work part-time from furlough in May and focus on which outreach projects can be started or resumed whilst following public health guidelines for social distancing.

Work would also begin with officers and Councillors on the longer term goals of the Council for health and wellbeing that LED can support.

The programme included:

- Restarting health referrals
- Work with volunteers to establish new Wellbeing Health Walks (June/July)
- Promote the “Naturally Health May” campaign
- Develop a Wild Swimming project at Exmouth in July in partnership with the Council
- Work with Imperial Medical Centre on specific walks to target inactive people
- “Couch to 5K” six week running course at Exmouth Leisure Centre
- Promote “Wellness Week” in June
- Continue to develop the “Ways2Wellbeing” social prescribing model with the NHS Health and Wellbeing Coaches
- Support new opportunities with NHS physiotherapists.

Forum members welcomed the diversity of offer under the outreach programme. In response to a question, the funding of the NHS Health and Wellbeing Coaches (of which there are now six covering East Devon) was now undertaken by the NHS, following the part funding by LED under a pilot scheme.

RESOLVED that the report be noted.

50 **Exclusion of the press and public**

That under section 100(A)(4) of the Local Government Act 1972 and in accordance with the Local Authorities (Executive Arrangements)(Meetings and access to Information)(England) Regulations 2012, the public (including the press) were excluded from the meeting as exempt and private information was likely to be disclosed and on balance the public interest is in disclosing the items in private session.

51 **Actions and mitigations taken in response to COVID-19**

The Forum were updated on both this item and the following item on financial performance update, as the two aspects are closely interlinked. This included an update on the LED claim to EDDC for 2020/21 and forecasts for 2021/22. A report will come forward to Cabinet giving further detail on those forecasts and level of claim to EDDC.

RESOLVED that the report be noted.

52 **Financial performance update**

As for the previous minute 51.

53 **Cloakham Lawns sports club facilities**

This item had been requested by the Portfolio Holder for Finance to seek clarity. LED confirmed that there had been some early discussions on alternative location for facilities and that no decisions had been made. A request was made that any further discussion or development of ideas relating to facilities at Cloakham Lawns be brought to the Forum for their involvement

RESOLVED that the update be noted.

54 **Review of LED open book accounts 2020/21**

Consultants Strategic Leisure updated the Forum on their work in reviewing the LED open book accounts for 2020/21, and thanked LED for their prompt responses to any queries that the consultants had raised.

RESOLVED that the update be noted.

Attendance List

Councillors present:

P Arnott
A Dent
S Hawkins (Chair)
P Hayward
G Jung
J Rowland

Councillors also present (for some or all the meeting)

A Moulding
D Bickley
S Gazzard
N Hookway
E Rylance
S Jackson

LED Leisure representation:

Peter Gilpin, CEO LED Leisure
Bridgette Jones, Director of Finance LED Leisure
Jamie Bryant, Chairman of LED Leisure

Strategic Leisure (consultants)

Liz Taylor

Officers in attendance:

Simon Davey, Strategic Lead Finance

John Golding, Strategic Lead Housing, Health and Environment

Tim Child, Service Lead - Place, Assets & Commercialisation

Charles Plowden, Service Lead Countryside and Leisure

John Symes, Finance Manager

Debbie Meakin, Democratic Services Officer

Councillor apologies:

M Hartnell

V Johns

Report to: EDDC / LED Monitoring Forum, 6th July 2021

Subject: LED Community Wellbeing / Outreach Programme

From: Peter Gilpin, CEO, LED Community Leisure

Date: 23rd June 2021

It has been a really busy few months since The Community Engagement Team have come back due to Covid19. It is an exciting time and the team are back starting to build old partnerships as well as driving new projects to support the community and improve their physical and mental health.

- LED In Club
 - 'Naturally Healthy May' across East Devon promoting exercise outside with 32 people attending Bodybalance, Circuits and Animal Flow class as well as linking to Wild East Devon.
 - Wellness Week was piloted at Seaton and Axminster sites promoting the below. Free to non-members.
 - Physical Activity
 - Nutrition
 - Mental Health
 - Health MOTs
- Social Prescribing
 - East Devon's Social Prescribing 'Ways2Wellbeing' partnerships is back up and running after Covid19 with 3 discounted membership offers.
 - Designing an Exercise pathway offering for new Mental Health Coaches working across Sidmouth and Honiton area and will follow similar model to Ways2Wellbeing but with an enhanced offer of £20 for 20 days free based on feedback from the coaches.
- Health Referrals
 - Escape Pain, Strength and Balance currently on hold due to NHS physios currently having classes on hold that feed into these.
 - GP referrals have returned across all sites and is positive but limited numbers because of Covid19.
 - Pilot with NHS MSK Physios working with patients at Honiton LC starting July 2021 with potential to roll out to other LED sites.
 - Cardiac Rehab still on hold but plans have started and likely to restart from Honiton LC.
 - Cancer Rehab links with Force started again with a new paid for service they funded.
- Community Engagement
 - Strollercise running in and around Ottery meeting point Land of Canaan – gentle mobility exercises with a stroll. Meeting every Wednesday for 8 weeks initially and targeting inactive Over 55s
 - Swim To Sea in Exmouth, 3 groups Under 18s, adults and Over 55s – Funding from Wild Exmouth Project aimed at people needing to build their confidence/technique for sea swimming – starting July.
 - Pilot project to work with Honiton Community College to provide digital health and wellbeing sessions – this project is in initial planning stages.
 - Provide taster sessions to Year 10 pupils at Exmouth Community College to develop a new project to work with Pupil Progress students for school year 2021/22

- Mother and Toddler cardio tennis session at Exmouth Tennis Centre – targeting mothers that feel isolated or have not previously had the opportunity to access the centre because of issues including childcare.
- Working with the volunteer walk leaders to restart the Walking for Health groups. The Exmouth and Seaton groups will restart in September/October. The Sid Valley and Axe Valley walks will recommence at the end of June. Axminster first walk was on 25th June with 24 people attending.



- Linking with Emma Molony on a co-creation nature project in Harpford woods called ROUTES. Start in August and further work with the Memory Café and our Walking for Health Groups.
- Pre- and post-natal discussions with Louise Evans, RD&E midwife team and DPT on a pilot physical activity programme with anti-natal and post-natal mums that are accessing the mother and baby unit.
- Presence on the Move More Cranbrook group and LDP strategic meetings.
- Funding secured to go towards a new beginner running group in Seaton.
- Agreement with England Netball to deliver Walking Netball sessions using Bicton College
- Aylesbeare Zumba sustained through Exmouth Leisure Centre
- Working with Axminster Community Waffle house and Axminster Leisure Centre on a potential after school Satellite Club targeting 11 – 15 year old boys and girls.
- Collaborating with AGE UK and Sporting Memories to restart the Sporting Memories session in Exmouth by moving to the Tennis Centre from Ocean.

Peter Gipin, CEO, LED Community Leisure

Report to: LED Monitoring Forum

Date of Meeting 6th July 2021

Document classification: Part A Public Document

Exemption applied: None

Review date for release N/A



Developing a Leisure Strategy

Report summary:

The report outlines the need for now moving towards the development of a Leisure Strategy for the Council. This is following Sport England's guidance having now completed the SOPG Diagnostic work (the scope details are within the report). The report is seeking the LED Monitoring Forum's approval to appoint consultants to develop this final stage and agree a timetable for the production of the Leisure Strategy.

Is the proposed decision in accordance with:

Budget Yes ☐ No ☒

Policy Framework Yes ☒ No ☐

Recommendation:

That the LED Monitoring Forum asks Cabinet to make a recommendation to Council for the approval of a maximum budget of £25,000 towards the production of a Leisure Strategy for the Council which maybe partially funded from a Sports England Grant with the balance met from the Transformation Fund..

Reason for recommendation:

This will enable the Council following the production of the SOPG Diagnostic assessment, to move in line with Sport England's guidance and begin the work for the production of a Leisure Strategy this financial year.

Officer: Charlie Plowden, Service Lead – Countryside & Leisure

Portfolio(s) (check which apply):

- ☐ Climate Action and Emergencies
- ☐ Coast, Country and Environment
- ☐ Council and Corporate Co-ordination
- ☒ Culture, Tourism, Leisure and Sport
- ☐ Democracy and Transparency
- ☐ Economy and Assets
- ☒ Finance
- ☐ Strategic Planning
- ☐ Sustainable Homes and Communities

Equalities impact Low Impact

Climate change Low Impact

Risk: Medium Risk; The failure to produce a Leisure Strategy will make future decisions on how the Council provides its leisure offer and the finances for doing so much more complicated. The Leisure Strategy's purpose is to help the Council make informed strategic decisions on its leisure facilities and also the future funding model for LED its contracted leisure provider.

Links to background information None

Link to [Council Plan:](#)

Priorities (check which apply)

- ☒ Outstanding Place and Environment
 - ☒ Outstanding Homes and Communities
 - ☒ Outstanding Economic Growth, Productivity, and Prosperity
 - ☐ Outstanding Council and Council Services
-

Report in full

1. Strategic Outcomes Planning Guidance (SOPG) Diagnostic

1.1 The purpose of the SOPG Diagnostic is to provide a position statement for East Devon DC to illustrate where we are in the process of thinking about, and planning for physical activity and leisure provision over the next 5-10 years.

1.2 The SOPG Diagnostic will:

- Provide an overview of the District:
- Headline demographic, health and socio economic review of the district
- Review of any existing needs assessment/supply/demand surveys
- Existing participation and activity levels and trends; what are the gaps? Who is inactive, where and why?
- Review of local and regional strategies and policies specifically relating to health and wellbeing, plus corporate plan and local plan (and any specific housing development proposals that may impact future demand)
- Identify local priorities and why these are important- what does East Devon DC want to achieve through the provision of physical activity and leisure and why?
- Identify the Shared Outcomes to be achieved in relation to health and well-being
- Identify gaps in existing evidence base
- Describe what East Devon DC currently provides, where and how
- Site visits of all Council facilities including dual use sites (Subject to Covid restrictions)
- Map all facilities by type and location
- Review the community outreach service
- The current arrangements with Leisure East Devon (LED)
- What that delivers in terms of throughput and social value
- The current cost of the service
- Review of each facility in relation to key strategic factors: meeting local need; community capacity; usage; whether adjacent/competition with other provision; financial (cost, investment, income generation); building condition; catchment areas; key users e.g. schools for curriculum delivery; dual use management arrangements/operating hours etc
- Run Sports Facility Calculator (SFC) to assess indicative future need
- Stakeholder consultation – engage with identified key strategic stakeholders to get their views on the challenge and opportunities for East Devon DC in terms of physical activity and leisure provision
- Assess where East Devon DC is now in terms of provision compared to need and opportunities and where it is compared to the SOPG process; this will identify key elements of work that are needed to underpin a future strategic approach to provision and delivery

1.2 On the basis of the above:

- Identify the scope for the Leisure Strategy
- Identify the focus for the Leisure Strategy- what are the key issues to be explored?

- Develop headline options
- Identify suggested timeline and next steps
- Draft and final report

2. Leisure Strategy

2.1 We need to set out our Council's vision and principles for sport and physical activity that creates a new vision for leisure and that achieves:

- Promoting opportunities for all residents to be active and to participate in sporting and leisure activities to improve health and wellbeing, in high quality facilities or environments.
- Enabling an increase in the proportion of the adult population achieving the Chief Medical Officer's physical activity guide levels from 66% to 70%; and to reduce those who are deemed inactive from 20.9% to 16% by 2021 (measured by Public Health Outcomes Framework).
- Support the aims of the Government's Childhood Obesity Plan 2016 for children to engage in 60 minutes of physical activity each day, with half of this being delivered in schools.
- Maintain our leisure centre provision through a model of community facilities in each of the District's main localities (Exmouth, Broadclyst, Honiton, Sidmouth, Ottery St Mary, Colyton, Axminster & Seaton).
- Enable the provision of other facilities across the District such as our green spaces, play areas, Nature Reserves, beaches etc. for multiple uses.
- Support the contribution made by voluntary organisations to grassroots sports clubs in promoting our commitment to physical and mental health wellbeing.

2.2 The strategic review of all the leisure facilities is important as some are beginning to age and there is a need to plan and understand what their future maintenance costs will be for the Council's capital maintenance programme.

2.3 The challenges being faced by the Council with its budget setting process and the Medium Term Financial Plan means we will require the Leisure Strategy to help us plan carefully the future budget provision for supporting our leisure activities. We need to be clear on what the service will look like in future years, and what savings could be achieved in relation to asset provisions;

2.4 The Leisure Strategy will help to deliver the leisure ambitions within the new Council Plan for supporting health & wellbeing within our communities. It will also help focus the Council's understanding of how our community leisure facilities can help support not just physical and mental wellbeing but also social and community development and economic development too.

Financial implications:

The Forum is being asked to recommend to Cabinet, who in turn if agree will recommend to Council, a budget of £25k to commission a Leisure Strategy. Funding maybe available from Sports England to offset some this cost. It is recommended the balance of this sum after any external funding is met from the Transformation Fund.

Legal implications:

To follow

By virtue of paragraph(s) 3 of Part 1 of Schedule 12A
of the Local Government Act 1972.

Document is Restricted

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